



AOLE	Subject	Year	Assessment
Health and Wellbeing	PE	9	Net and Wall Games

Progression Table		
Progression Indicator	Knowledge	Skills
Excelling	<p>I can transfer a range of movement skills from familiar to unfamiliar and changing situations and environments, using space creatively in response to a variety of stimuli.</p> <p>I can engage in regular physical activity and sport with confidence, motivation and commitment.</p> <p>I can recognise that some decisions I make will have a long-term impact on my life and the lives of others.</p>	<p>Strategically <b>employ</b> advanced attacking strategies in net and wall sports, demonstrating precise shot placement and tactical awareness in various game situations.</p> <p><b>Analyse</b> opponent movement patterns and anticipate their strategies, adjusting your tactics and shot selection accordingly to gain a competitive advantage.</p> <p><b>Evaluate</b> the effectiveness of your decision-making process during high-pressure game scenarios, identifying areas for improvement and making real-time adjustments.</p> <p>Critically <b>assess</b> the impact of advanced defensive techniques on disrupting opponent strategies and maintaining defensive stability throughout the game.</p>
Advancing	<p>I can develop and apply a range of skills in familiar, unfamiliar and changing situations, exploring space creatively in response to a variety of stimuli.</p> <p>I can motivate myself to engage confidently in regular physical activity and sport, and am aware of my own progress.</p> <p>I can understand that decisions can be made individually and collectively, and that they can be influenced by a range of factors.</p> <p>I can make considered decisions, taking into account available information, including past experiences.</p>	<p><b>Execute</b> advanced serving, volleying, and returning techniques with precision and control, integrating deceptive plays and varied shot selections to outmanoeuvre opponents.</p> <p><b>Anticipate</b> and respond to positional cues and game flow, leveraging spatial awareness to create scoring opportunities and disrupt opponent strategies.</p> <p>Consistently <b>demonstrate</b> mastery of advanced shots and serves, showcasing versatility and adaptability across different net and wall sports.</p> <p><b>Implement</b> advanced defensive tactics and strategies with confidence, effectively neutralising opponent attacks and maintaining defensive integrity throughout competitive matches.</p>
Securing	<p>I can use and improve basic movement skills in familiar and unfamiliar situations. I can respond to prompts in imaginative and creative ways.</p> <p>I have the confidence and motivation to persevere when faced with physical challenges.</p> <p>I can describe the way in which physical and emotional changes are connected in different contexts.</p>	<p><b>Execute</b> controlled and precise serves, volleys, and returns in practice and game settings, maintaining consistency and accuracy under pressure.</p> <p><b>Communicate</b> strategic insights and tactical adjustments to teammates, fostering collaborative decision-making and cohesive team performance.</p> <p><b>Analyse</b> the strategic implications of different shot selections and defensive strategies, articulating their impact on game outcomes and individual performance.</p>



	<p>I can make considered decisions, taking into account available information, including past experiences.</p> <p>I can respect the rights of others and I understand how these impact on myself and others.</p> <p>I have an understanding of the rules, norms and behaviours of different groups and situations, and I recognise that these have an influence on me.</p>	<p><b>Demonstrate</b> ongoing development of advanced skills and strategies, actively seeking feedback and implementing targeted improvements to enhance personal and team performance.</p>
<p>Beginning</p>	<p>I can use and improve basic movement skills in familiar and unfamiliar situations.</p> <p>I can respond to prompts in imaginative and creative ways. I have the confidence and motivation to persevere when faced with physical challenges.</p> <p>I can understand that everyone has rights and, with support, I can respect those rights.</p> <p>I can describe the way in which physical and emotional changes are connected in different contexts.</p> <p>I can make decisions based on what I know.</p> <p>I can take part in group decisions and I understand why some decisions need to be made as a group.</p> <p>I can identify and assess risks.</p> <p>I can recognise and follow the rules and norms of different groups and situations in which I take part.</p>	<p><b>Identify</b> and practise basic and intermediate serving, passing, and receiving techniques, focusing on developing consistency and accuracy.</p> <p><b>Demonstrate</b> foundational ball-handling and defensive skills, emphasising basic positioning and movement patterns in net and wall sports.</p> <p><b>Describe</b> the purpose and execution of essential shots and serves in net and wall sports, highlighting their role in facilitating effective gameplay.</p> <p><b>Recall</b> fundamental strategies and game tactics, applying basic principles to contribute positively to team performance and competitive outcomes.</p> <p><b>Apply</b> basic defensive skills and techniques, demonstrating an understanding of their role in maintaining defensive structure and minimising opponent scoring opportunities.</p>