

## **Vision Statement for RSE (Relationship and Sex Education)**

At St. Davids High School, our vision for Relationship and Sex Education (RSE) is to empower every student with the knowledge, skills, and values needed to form healthy, respectful, and fulfilling relationships in all aspects of their lives. Following the Welsh Curriculum's commitment to inclusivity, diversity, and well-being, we aim to create a learning environment where students feel safe, supported, and confident to explore topics related to relationships, sexuality, and identity.

Through RSE, we strive to:

- Promote respect, empathy, and equality, nurturing students' understanding of consent, boundaries, and emotional well-being.
- Foster an inclusive culture that respects and celebrates diverse sexual orientations, gender identities, and cultural backgrounds.
- Equip students with the critical thinking skills to make informed decisions about their sexual health and relationships, encouraging personal responsibility and resilience.
- Encourage open, honest conversations, reducing stigma and misinformation around relationships and sex.
- Develop a strong sense of self-worth, empowering students to recognise and challenge harmful behaviours and attitudes, both online and offline.

Our vision is to support students in becoming confident, compassionate individuals who contribute to safe, respectful, and healthy communities.