



Big Question

AoLE: Health and Wellbeing	Subject: PE	Year: 9
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Big Question / Aim / Objective / Concept	Vision (Proposed outcome) / Purpose of curriculum	Prior knowledge / Learners previous knowledge
How can we refine and apply advanced strategies and techniques to excel in net and wall sports?	Pupils will focus on advancing their mastery of knowledge, techniques, skills, and understanding of net and wall sports (badminton, tennis, volleyball, and table tennis). They will refine techniques and skills specific to these games and deepen their understanding of sophisticated tactics and strategies to outwit their opponents within the rules. Pupils will model safe working practices, demonstrate appropriate sporting behaviour, and enhance their leadership and decision-making skills.	Intermediate principles of attack and defence. Experience in different roles in games, including attacking and defending. Understanding of rules and conventions for net and wall games. Experience in basic tactical play.

What does progression look like in this 'Big Question'?

Progression Indicator	Description of learning (What matters statements)	Student evidence of progression (Blooms) / Knowledge
Excelling	<p>I can transfer a range of movement skills from familiar to unfamiliar and changing situations and environments, using space creatively in response to a variety of stimuli.</p> <p>I can engage in regular physical activity and sport with confidence, motivation and commitment.</p> <p>I can recognise that some decisions I make will have a long-term impact on my life and the lives of others.</p>	<p>Strategically employ advanced attacking strategies in net and wall sports, demonstrating precise shot placement and tactical awareness in various game situations.</p> <p>Analyse opponent movement patterns and anticipate their strategies, adjusting your tactics and shot selection accordingly to gain a competitive advantage.</p> <p>Evaluate the effectiveness of your decision-making process during high-pressure game scenarios, identifying areas for improvement and making real-time adjustments.</p> <p>Critically assess the impact of advanced defensive techniques on disrupting opponent strategies and maintaining defensive stability throughout the game.</p>
Advancing	<p>I can develop and apply a range of skills in familiar, unfamiliar and changing situations, exploring space creatively in response to a variety of stimuli.</p> <p>I can motivate myself to engage confidently in regular physical activity and sport, and am aware of my own progress.</p> <p>I can understand that decisions can be made individually and collectively, and that they can be influenced by a range of factors.</p> <p>I can make considered decisions, taking into account available information, including past experiences.</p>	<p>Execute advanced serving, volleying, and returning techniques with precision and control, integrating deceptive plays and varied shot selections to outmanoeuvre opponents.</p> <p>Anticipate and respond to positional cues and game flow, leveraging spatial awareness to create scoring opportunities and disrupt opponent strategies.</p> <p>Consistently demonstrate mastery of advanced shots and serves, showcasing versatility and adaptability across different net and wall sports.</p> <p>Implement advanced defensive tactics and strategies with confidence, effectively neutralising opponent attacks and maintaining defensive integrity throughout competitive matches.</p>



<p>Securing</p>	<p>I can use and improve basic movement skills in familiar and unfamiliar situations. I can respond to prompts in imaginative and creative ways.</p> <p>I have the confidence and motivation to persevere when faced with physical challenges.</p> <p>I can describe the way in which physical and emotional changes are connected in different contexts.</p> <p>I can make considered decisions, taking into account available information, including past experiences.</p> <p>I can respect the rights of others and I understand how these impact on myself and others.</p> <p>I have an understanding of the rules, norms and behaviours of different groups and situations, and I recognise that these have an influence on me.</p>	<p>Execute controlled and precise serves, volleys, and returns in practice and game settings, maintaining consistency and accuracy under pressure.</p> <p>Communicate strategic insights and tactical adjustments to teammates, fostering collaborative decision-making and cohesive team performance.</p> <p>Analyse the strategic implications of different shot selections and defensive strategies, articulating their impact on game outcomes and individual performance.</p> <p>Demonstrate ongoing development of advanced skills and strategies, actively seeking feedback and implementing targeted improvements to enhance personal and team performance.</p>
<p>Beginning</p>	<p>I can use and improve basic movement skills in familiar and unfamiliar situations.</p> <p>I can respond to prompts in imaginative and creative ways. I have the confidence and motivation to persevere when faced with physical challenges.</p> <p>I can understand that everyone has rights and, with support, I can respect those rights.</p> <p>I can describe the way in which physical and emotional changes are connected in different contexts.</p> <p>I can make decisions based on what I know.</p> <p>I can take part in group decisions and I understand why some decisions need to be made as a group.</p> <p>I can identify and assess risks.</p> <p>I can recognise and follow the rules and norms of different groups and situations in which I take part.</p>	<p>Identify and practise basic and intermediate serving, passing, and receiving techniques, focusing on developing consistency and accuracy.</p> <p>Demonstrate foundational ball-handling and defensive skills, emphasising basic positioning and movement patterns in net and wall sports.</p> <p>Describe the purpose and execution of essential shots and serves in net and wall sports, highlighting their role in facilitating effective gameplay.</p> <p>Recall fundamental strategies and game tactics, applying basic principles to contribute positively to team performance and competitive outcomes.</p> <p>Apply basic defensive skills and techniques, demonstrating an understanding of their role in maintaining defensive structure and minimising opponent scoring opportunities.</p>

Authentic learning experiences (Local / National / International)	Skills (Literacy / Numeracy / DCF) / Cross Curricular links
<p>Authentic learning experiences:</p> <p>Local Links: Learners have the opportunity to compete with other schools in the local area. Learners are provided with information on local sports teams in the area.</p> <p>National links:</p>	<p>Literacy: Contribute to ideas and discussions in class. Review and evaluate performance through discussions with peers. Provide feedback on performances and developments on others.</p> <p>Numeracy: Workout percentages of peers' successful skills and techniques.</p>



<p>The Welsh Rugby Union attends the school to deliver sessions for learners.</p> <p>International links: Learners are provided with information of international sports people and sports from across the globe.</p>	
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Assessment (How will we know that students have learnt what we taught them?)	
<p>Formative assessment:</p> <p>Verbal teacher feedback Teacher observation Questioning Self and peer assessment. Pupil modelling</p>	<p>Summative assessment:</p> <p>At the end of this unit, learners will participate in a match whereby their skills, techniques and tactics will be assessed.</p> <p>To demonstrate a variety of skills and techniques learnt within a game setting.</p> <p>Learners demonstrate skills and techniques learnt in isolation (through drills / activities). Learners can transfer and apply these skills and techniques into a game situation to demonstrate the ability to outwit an opponent.</p>

Evaluation (To be completed 2024)		
Strengths	Areas for Development	Pupil Voice