



### Big Question

AoLE: Health and Wellbeing	Subject: PE	Year: 8
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Big Question / Aim / Objective / Concept	Vision (Proposed outcome) / Purpose of curriculum	Prior knowledge / Learners previous knowledge
How can I use the skills learnt to successfully outwit my opponents in net and wall sports?	Pupils will focus on advancing their knowledge, techniques, skills, and understanding of net and wall sports (badminton, tennis, volleyball, and table tennis). They will enhance techniques and skills specific to these games and improve their understanding of tactics and strategies to outwit their opponents within the rules. Pupils will develop safe working practices and demonstrate appropriate sporting behaviour.	Basic principles of attack and defence.  Experience in different roles in games, including attacking and defending.  Understanding of basic rules and conventions for net and wall games.

#### What does progression look like in this 'Big Question'?

Progression Indicator	Description of learning (What matters statements)	Student evidence of progression (Blooms) / Knowledge
Excelling	<p>I can transfer a range of movement skills from familiar to unfamiliar and changing situations and environments, using space creatively in response to a variety of stimuli.</p> <p>I can engage in regular physical activity and sport with confidence, motivation and commitment.</p> <p>I can recognise that some decisions I make will have a long-term impact on my life and the lives of others.</p>	<p><b>Evaluate</b> how to successfully execute advanced attacking strategies in net and wall sports by using strategic and tactical play.</p> <p><b>Analyse</b> the position and tactics of your opponents to determine the most effective shot or play.</p> <p>Critically <b>assess</b> your choice of techniques and refine them when they are unsuccessful.</p> <p><b>Evaluate</b> when to use advanced defensive techniques to stop opponents from gaining points in a game situation.</p>
Advancing	<p>I can develop and apply a range of skills in familiar, unfamiliar and changing situations, exploring space creatively in response to a variety of stimuli.</p> <p>I can motivate myself to engage confidently in regular physical activity and sport, and am aware of my own progress.</p> <p>I can understand that decisions can be made individually and collectively, and that they can be influenced by a range of factors.</p> <p>I can make considered decisions, taking into account available information, including past experiences.</p>	<p><b>Apply</b> your knowledge of serving, volleying, and returning the ball in small-sided games, making strategic decisions about how best to advance on the opposition.</p> <p><b>Recognise</b> the importance of positioning and playing into space while attacking in net and wall sports.</p> <p><b>Perform</b> the techniques of different shots and serves successfully in various net and wall sports.</p> <p><b>Execute</b> the basic defensive skills and tactics in competitive situations.</p>



<p>Securing</p>	<p>I can use and improve basic movement skills in familiar and unfamiliar situations. I can respond to prompts in imaginative and creative ways.</p> <p>I have the confidence and motivation to persevere when faced with physical challenges.</p> <p>I can describe the way in which physical and emotional changes are connected in different contexts.</p> <p>I can make considered decisions, taking into account available information, including past experiences.</p> <p>I can respect the rights of others and I understand how these impact on myself and others.</p> <p>I have an understanding of the rules, norms and behaviours of different groups and situations, and I recognise that these have an influence on me.</p>	<p><b>Demonstrate</b> how to serve, volley, and return the ball with control in isolation.</p> <p><b>Explain</b> how to outwit opponents by using the learned skills and techniques specific to net and wall sports.</p> <p><b>Describe</b> the different types of shots and serves in net and wall sports and their benefits.</p> <p><b>Develop</b> your knowledge further of outwitting your opponent using the skills learned.</p>
<p>Beginning</p>	<p>I can use and improve basic movement skills in familiar and unfamiliar situations.</p> <p>I can respond to prompts in imaginative and creative ways. I have the confidence and motivation to persevere when faced with physical challenges.</p> <p>I can understand that everyone has rights and, with support, I can respect those rights.</p> <p>I can describe the way in which physical and emotional changes are connected in different contexts.</p> <p>I can make decisions based on what I know.</p> <p>I can take part in group decisions and I understand why some decisions need to be made as a group.</p> <p>I can identify and assess risks.</p> <p>I can recognise and follow the rules and norms of different groups and situations in which I take part.</p>	<p><b>Describe</b> basic rallying techniques in net and wall sports.</p> <p><b>Recall</b> your previous tactics and knowledge of outwitting your opponent.</p> <p><b>Identify</b> the basic defensive skills and techniques.</p> <p><b>Perform</b> the correct hand grip in net and wall sports.</p>

Authentic learning experiences (Local / National / International)	Skills (Literacy / Numeracy / DCF) / Cross Curricular links
<p><b>Authentic learning experiences:</b></p> <p><b>Local Links:</b> Learners have the opportunity to compete with other schools in the local area. Learners are provided with information on local sports teams in the area.</p> <p><b>National links:</b></p>	<p><b>Literacy:</b> Contribute to ideas and discussions in class. Review and evaluate performance through discussions with peers. Provide feedback on performances and developments on others.</p> <p><b>Numeracy:</b> Workout percentages of peers' successful skills and techniques.</p>



The Welsh Rugby Union attends the school to deliver sessions for learners.

**International links:**

Learners are provided with information of international sports people and sports from across the globe.

Assessment (How will we know that students have learnt what we taught them?)

**Formative assessment:**

Verbal teacher feedback  
Teacher observation  
Questioning  
Self and peer assessment.  
Pupil modelling

**Summative assessment:**

At the end of this unit, learners will participate in a match whereby their skills, techniques and tactics will be assessed.

To demonstrate a variety of skills and techniques learnt within a game setting.

Learners demonstrate skills and techniques learnt in isolation (through drills / activities).  
Learners can transfer and apply these skills and techniques into a game situation to demonstrate the ability to outwit an opponent.

Evaluation (To be completed 2024)

Strengths

Areas for Development

Pupil Voice